





Lunch Menu

This Autumn / Winter Menu is available on the following weeks, date commencing;
22nd Apr, 1st 3rd May, 3rd Jun, 24th Jun, 15th July

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sweet & Sour Chicken	 Concept Available Today	Traditional Roast Beef with Yorkshire Pudding & Gravy	 Chicken Korma with Poppadum	 Catch of the Day with Tartare Sauce
Vegetarian Main Meal	Vegetables in Black bean sauce	Turkey & Vegetable Fajita Mexican Quiche with Sweet Peppers	Vegetable Pasta Bake with Garlic Bread	Vegan Cauliflower, sweet Potato & Spinach Curry	Quorn Sausages in Batter
On the Side	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
Chicken & Rice Bar 	Chicken in Cajun Sauce with Steamed Rice	Tandoori Flavoured Chicken with Yellow Rice	Chicken in Sweet Chilli Sauce with Braised Sweet corn Rice	Chicken in Brown Onion Sauce with Vegetable Rice	Chicken in Barbecue Sauce with Chips
Hot Dessert	Jam & Coconut Sponge with Custard	Creamy Rice Pudding with Mixed fruit Jam Sauce	Apple & Rhubarb Crumble with Custard	Wholemeal Carrot cake with Vanilla Sauce	Chocolate Marbled Cake with Chocolate Sauce

Selection of Cold Meal Deals from the Grab & Go Section
Sandwiches, Pasta Pots, Cold Desserts & Fruits




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caterlink
feeding the imagination

Lunch Menu

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29th April, 20th May, 10th June, 1st July, 22nd July

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Home made Chicken Pie with Puff Pastry Topping	Concept Available Today Traditional Lasagne with Garlic Bread	Traditional Roast Turkey with Stuffing and Gravy 	Beef Meatballs in Barbecue Sauce	 Catch of the Day with Tartare Sauce
Vegetarian Main Meal	Vegan Lentil & Seasonal Vegetable Pie with Olive Oil Mash	Veggie Mince & Bean Chilli with Potato Wedges	Macaroni Cheese with Sweet corn Salsa	Roasted Vegetable & Bean Goulash	Quorn & Vegetable Stir Fry
On the Side	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
Chicken & Rice Bar 	Chicken in Black Bean Sauce with Steamed Rice	Chicken in Tomato Sauce With Jollof Rice	Chicken in Sweet & Sour Sauce with Vegetable Fried Rice	Chicken In Piri Piri Sauce with Braised Rice	Southern Breaded Chicken Drumstick with Chips
Hot Dessert	Banana Toffee Cake With Toffee Sauce	Lemon Swirl Sponge with Vanilla Sauce	Oaty Apple Crumble With Custard	Chocolate & Beetroot Brownie with Chocolate Sauce	Tray Berry Muffin Slice with Custard

**Selection of Cold Meal Deals from the Grab & Go Section
Sandwiches, Pasta Pots, Cold Desserts & Fruits**



Lunch Menu

This Autumn / Winter Menu is available on the following weeks, date commencing;
6th May, 27th May, 17th June, 8th July, 29th July

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Turkey Stir Fry with Egg Noodles	 Concept Available Today	Roast Chicken with Stuffing & Gravy	Chicken & Vegetable Pasta Bake	 Catch of the Day with Tartare Sauce
Vegetarian Main Meal	Quorn Sausage with Mash Potatoes	Spicy Beef & Vegetable Burrito Charred Spicy Vegetables in a Khobez Wrap	Smokey Barbecue Vegetable Stuffed Potatoes	Vegetable Goulash with Cous Cous	Roasted Vegetable & Lentil Wellington
On the Side	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
 Chicken & Rice Bar	Chicken in Garlic & Herb Sauce with Steamed Rice	Chicken in Mexican Sauce with Braised Rice	Chicken in Barbecue Sauce with Sweet Corn Rice	Jerk Chicken in Sauce with Rice'n'Peas	Chicken in Curry Sauce with Chips
Hot Dessert	Apple Turnover with Custard	Chocolate Sponge with Chocolate Sauce	Chilled Red Cherry Cheesecake	Fruit Flapjack with Custard	American Pancake with Cream & Topping

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