


Lunch Menu

This Autumn / Winter Menu is available on the following weeks, date commencing;
30th October; 20th November; 11th December; 1st January; 22nd January

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Chilli Con Carne	 Concept Available Today	Roast Beef with Yorkshire Pudding & Gravy	Turkey Goulash	Catch of the Day with Tartare Sauce
Vegetarian Main Meal	Roasted Vegetable Quiche	Macaroni Cheese And Chicken & Vegetable Pasta Bake	Sweet Potato & Vegetable Tagine	Vegetable & Red Bean Chilli Tacos with Salsa & Cheese	Spicy Bean Burger in a Bun
On the Side	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
Chicken & Rice Bar 	Chicken in BBQ Sauce with Steamed Rice	Chicken in Garlic & Herb Sauce with Capsicum Rice	Jerk Chicken With Rice 'n' Peas	Chicken in Cajun Sauce with Braised Rice	Chicken in Sweet Chilli Sauce with Chips
Hot Dessert	Chocolate Sponge with Chocolate Sauce	Fruit Crumble with Custard	Sticky Toffee Pudding with Custard	Wholemeal Banana Cake	Steamed Fruit Sponge with Custard



Selection of Cold Meal Deals from the Grab & Go Section
Sandwiches, Pasta Pots, Cold Desserts & Fruits

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www.caterlinkltd.co.uk

caterlink
feeding the imagination

Lunch Menu



This Autumn / Winter Menu is available on the following weeks, date commencing;
6th November; 27th November; 18th December; 8th January; 29th January

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Sausage & Mash with Gravy	 Concept Available Today Spicy Beef & Vegetable Burrito Mixed Bean & Vegetable Enchilada	Roast Turkey with Stuffing & Gravy	Beef & Root Vegetable Pie	Catch of the Day with Tartare Sauce
Vegetarian Main Meal	Quorn & Vegetable Korma		Sweet & Sour Vegetables & Noodles	Cheese Topped Stuffed Peppers	Penne Pasta with Sauce of the Day
On the Side	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
Chicken & Rice Bar 	Chicken in Black Bean Sauce with Steamed Rice	Tandoori Chicken with Yellow Rice	Chicken in Piri Piri Sauce with Vegetable Rice	Chicken Sweet & Sour Sauce with Fried Rice	Southern Breaded Chicken with Chips
Hot Dessert	Winter Berry Crumble with Custard	Lemon Swirl Sponge & Custard	Chocolate Marble Sponge with Chocolate Sauce	Red Cherry Pancake with Cream	Gingerbread Cake and Custard Sauce

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Lunch Menu

This Autumn / Winter Menu is available on the following weeks, date commencing;
13th November; 4th December; 15th January;
5th February

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef & Vegetable Curry	 Concept Available Today Chicken Fajita Cheese & Spring Onion Quesadilla	Roast Chicken with Stuffing & Gravy	Beef Lasagne	Catch of the Day with Tartare Sauce
Vegetarian Main Meal	Penne Pasta Bake with Roasted Red Peppers & Tomatoes		Veggie & Lentil Cottage Pie with Gravy	Moroccan Vegetable Cous Cous & Feta Wrap with Spicy Tomato Sauce	Individual Vegetable Calzone
On the Side	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays				
Chicken & Rice Bar 	Chicken in Red Onion Sauce with Steamed Rice	Chicken in Mexican Spicy Sauce with Vegetable Rice	Chicken in Tomato Sauce with Jollof Rice	Chicken in Barbecue Sauce with Sweet Corn Rice	Chicken in Curry Sauce with Chips
Hot Dessert	Carrot Cake with Vanilla Sauce	Dutch Apple Crumble with Custard	Steamed Jam and Coconut Sponge with Custard	Ginger & Apricot Flapjack with Custard	Chocolate and Beetroot Brownie with Chocolate Sauce

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